Excursions

There are two hikes suggested for attendees. Both are less than 20-minute drive from the La Paloma resort. A ride share board will be located at Registration starting Tuesday morning. Both hikes will feature a taste of the Southwest Outdoors. Please note the advisory below and on the park website. Early-morning hikes are suggested, with an end time of 10:00 a.m.

Sabino Canyon Trails 5900 N Sabino Canyon Rd, Tucson, AZ 85750 https://www.visittucson.org/listing/sabino-canyon-recreation-area/37853/

Saguaro National Park <u>https://www.nps.gov/sagu/index.htm</u> 3693 S. Old Spanish Trail, Tucson, Arizona 85730

NPS Website: https://www.nps.gov/sagu/planyourvisit/conditions.htm

Dangerous Heat Warning: Alert 1, Severity danger, Dangerous Heat Warning

Desert temperatures are over 100 degrees with extremely low humidity. Drink water before you hit the trails and ingest some form of electrolytes to replace minerals your body needs. Wear a hat and sunscreen. Hiking after 10am is NOT recommended.

Vehicle Break-Ins:

Saguaro National Park is an urban park. Vehicle break-ins have occurred at trailheads around the park. Don't make yourself a target. Leave valuables at home, secure your vehicle, and report any suspicious activity.